

## Kevin Spelman, PhD—Keeping It Together: The Other Compounds in *Cannabis* and the Benefits of Whole-herb Use

[Craig Gustafson](#)

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**Kevin Spelman, PhD, MCPP**, will present the topic of medicinal use of *Cannabis* at the NorthWest Herb Symposium on Whidbey Island, Washington, August 27 through 30, 2015. Dr Spelman is an internationally recognized expert on the molecular biology and clinical therapeutics of botanical medicines. A past National Institutes of Health postdoctoral fellow and Marie Curie research fellow in the European Union, Dr Spelman has published 27 scientific papers and 6 book chapters. He has practiced phytotherapy, informed by the Ayurvedic system, Western herbalism, and modern physiology, since 1989. Past research has included the molecular biology of cannabinoid receptors, brain and ovarian cancer, as well as clinical investigations, immunological studies, and chemical analysis on various medicinal plants. Dr Spelman was also the first researcher to identify cannabinoid-like molecules in the plant genus *Zanthoxylum*. International research has included the analysis of nutrient levels in teenage women in West Africa, working with children with neurological disorders in Central America, and researching medicinal plants active against malaria in Paris. He is an adjunct assistant professor at Massachusetts College of Pharmacy and Health Sciences, an adjunct professor of botanical medicine at National College of Natural Medicine, and a distinguished lecturer at Maryland University of Integrative Health. Dr Spelman has advised the White House Commission on Complementary and Alternative Medicine and provided expert testimony to the Maryland House of Delegates and the Maryland Senate, as well as advised McCormick & Company on new product development and the Jamaican government's Scientific Research Council. Most recently, he has joined the scientific advisory board that advises the Oregon Health Authority on Medical Marijuana. Dr Spelman is currently a consultant specializing in laboratory, regulatory, and current Good Manufacturing Practices issues; new product development; and research initiatives.